

Sickle Cell Anemia Test Declination Form

NCAA is recommending its member colleges and universities test student-athletes to confirm their Sickle Cell Trait status if that information is not already known.

- Sickle cell trait is an inherited blood disorder, which can cause serious problems during exercise.
- During intense exertion, dehydration, and hypoxemia (decrease in oxygen), the red blood cells change their shape in the bloodstream, can block blood vessels, and can cause problems throughout the body. (*this is called "sickling"*)
- Sickling collapse has been mistaken for cardiac collapse or heat collapse.
- Signs of sickling include fatigue, difficulty breathing, leg or low back pain, and sudden weakness.
- Environmental heat, dehydration, asthma, illness, and altitude predispose an athlete with sickle trait to an onset of crisis in physical exertion.

I understand that the NCAA and CLU recommend all student-athletes get tested for sickle cell anemia trait. I understand that whether or not I get this test done that I will be able to participate in CLU athletics. Since I have chosen not to be tested for sickle cell anemia trait, I will not hold CLU liable for any disability or death that results from not taking this test.

Signature

Date

Printed name

Parent if under 18: Printed Name/Signature